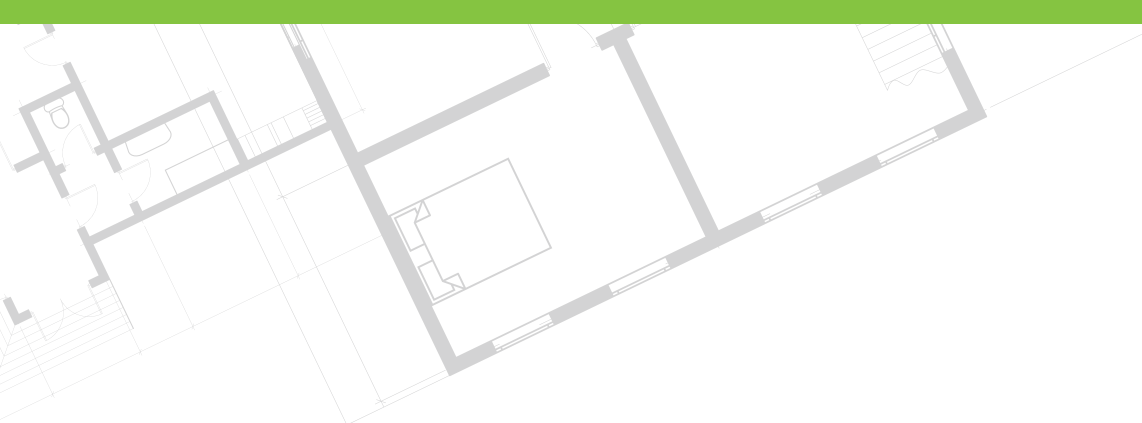




The Healthy House Program:

A ROOM-BY-ROOM GUIDE FOR
PEST PREVENTION





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Houston residents can become overwhelmed with each season bringing a new set of pests to worry about – invading your home and lives. In order to provide Houston area residents quality pest control year-round, the technicians at Cypress Creek Pest Control developed the Healthy House Program, a quarterly residential service designed to control the most common household pests.

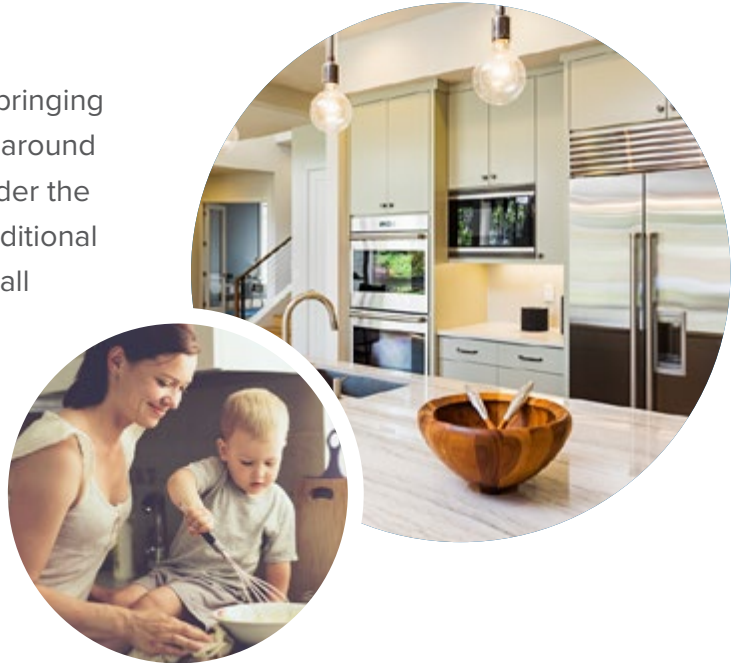
With each visit, we will inspect and treat your home for ants, roaches, silverfish, earwigs, sowbugs and more, leaving you and your family with peace of mind from summer barbeques to holiday parties.

From entry into your home to departure, our technicians provide quality service. With our detailed inspection and treatment of the most popular pest hangouts around your home, we guarantee your satisfaction. In Part 1 of this guide, we'll walk you through our typical Healthy House quarterly inspection. In Part 2, our technicians will share insight on what you can do to keep your home pest-free in between visits.

Part 1: Room-by-Room Pests Won't Go Unnoticed

Kitchen

The kitchen can be one of the biggest culprits for bringing pests into your home. Our technicians will treat all around your home's plumbing, dishwasher, compactor, under the refrigerator/freezer, microwave and around any additional appliances. We'll also do a thorough inspection of all food storage pantries and in any empty cabinets and drawers.



Utility Room

We'll inspect and treat any void areas, underneath and behind your washer and dryer and in any cracks and crevices.



Bathrooms

We'll treat the waterline behind the toilet, the waterline under sink, at the base of the toilet and on the floor around bathtub. No space goes missed!



Living Room and Family Room

Where you spend the most family time, counts the most. The Cypress Creek technicians will treat the exterior walls and windows, behind heavy furniture, inside of your fireplace and check additional wood you may have stored next to the fireplace and around any additional appliances. We'll also do a thorough inspection of all food storage pantries and in any empty cabinets and drawers.

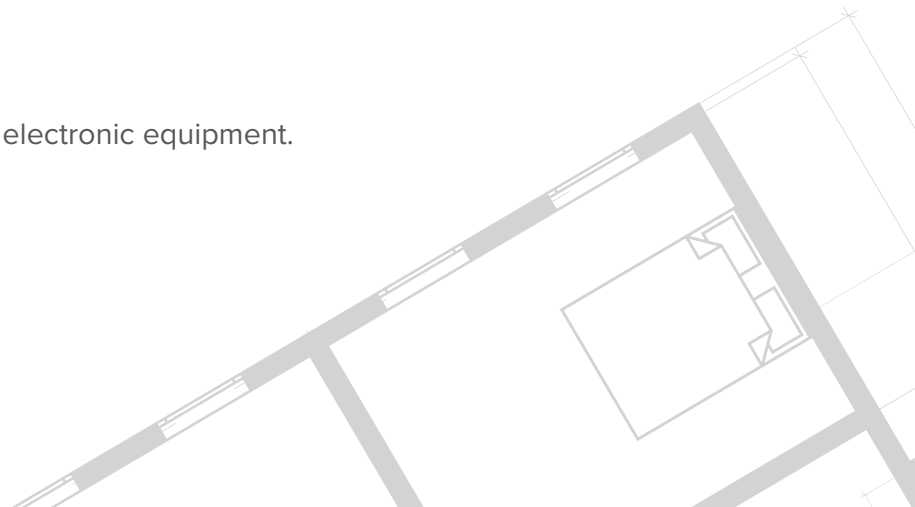
Bedrooms

No one wants to wake up in the morning with bug bites that leave you itching for days! With our Healthy House Program we will treat exterior walls and windows, behind dressers, chests and other heavy furniture. We'll inspect closets for clothes moths, carpet beetles, silverfish, etc. and where possible, beneath baseboards. Sleep easy at night!



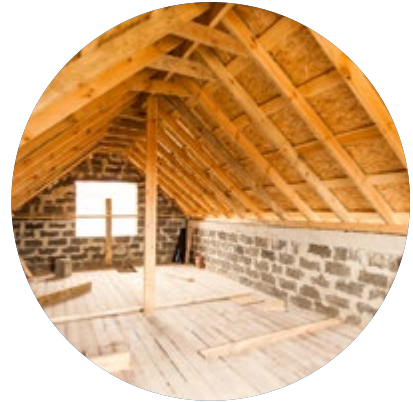
Offices

We'll treat with caution around computers and electronic equipment.



Attic

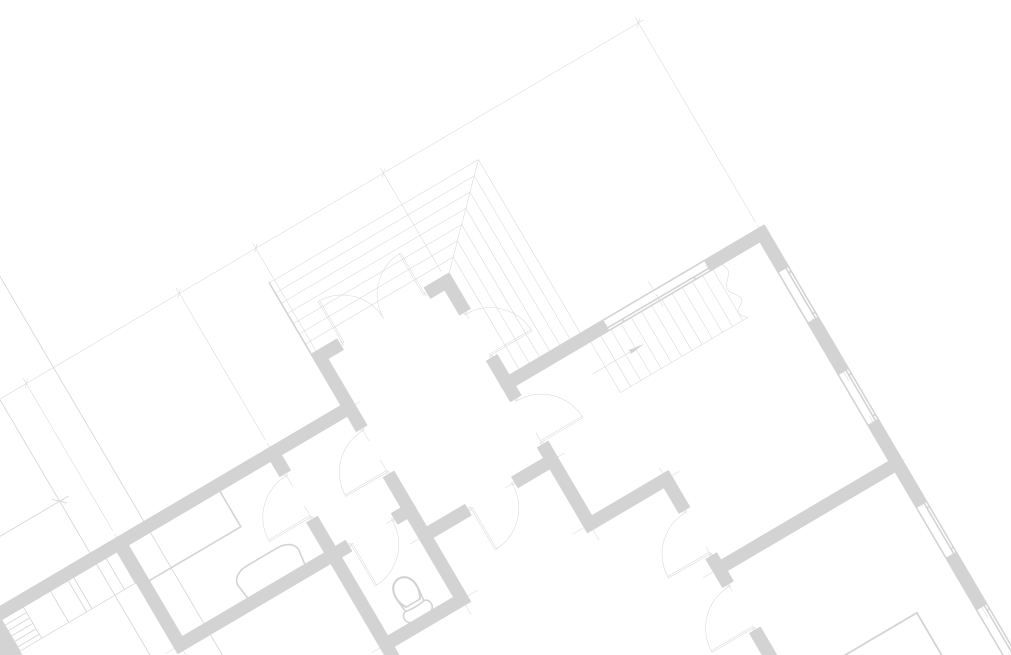
Animals and rodents can enter your attic through vents seeking shelter and warmth. We'll look for any signs of animal infestation, including mice, rats, squirrels and raccoons, including droppings, burrow holes in insulation, chew marks on wood. Our technicians will setup baits for roaches and other insects. We'll look for leaks in the roof or near the hot water tank, and for any openings that may need exclusions to prevent future infestations.



Garage

The purpose of treating the garage is to prevent the buildup of insects in this area to prevent their migration into the home.

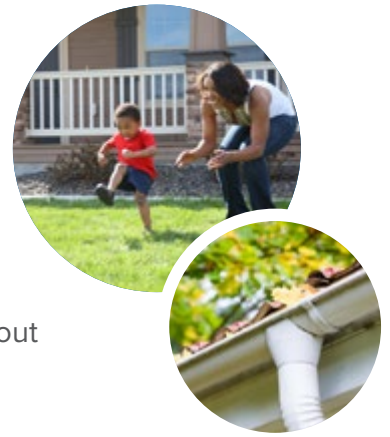
Possible pests that may be found in the garage are spiders, roaches, mice, rats and pantry pests. All points of entry into the garage and home including windows and doors will be inspected and treated. The technicians will also treat around any stored wood, around trash and recycle bins, along with any area where bird seed or dry pet food is stored. We'll also check the doorframe of the garage where it meets the concrete slab. This area is often subject to rotting due to moisture, making it an ideal site for termite or carpenter ant infestation.



Exterior

There are a lot of areas around the exterior of your home that can house pests. To help combat pests that are outdoors trying to get in, our technicians have a specialized approach for treating the exterior of your home. This includes the following:

- Perimeter treatment around the structure of the home, 3 feet up and 3 feet out
- Treat around windows, doors, porches and first floor eaves
- Knock down spider webs and wasp nests within reach
- Treat ant mounds within 10 feet of the home
- Put granules in flowerbeds and grassy areas around home
- Inspect for possible termite activity or conducive conditions
- Inspect for any rodent activity or entry points from the ground level
- Point out any standing water, full gutters, limbs touching the home, loose shingles that could be considered varmint entry points



Part 2: 5 Technician Tips for Staying Pest-Free Between Quarterly Visits

Living in Houston, we have seen our fair share of pest problems! Our Healthy House Program ensures that our certified technicians inspect your home for any signs of trouble, but we're often asked what can be done in between visits to be a pest-free home. After all, the best way to keep pests at bay is through continued prevention.

Tip #1: A Clean Kitchen is a Healthy, Pest-Free Kitchen

The number one area of concern and the best place to implement prevention tactics is in your kitchen. We recommend the following:

- Wipe down countertops, the stove, dishwasher and refrigerator with 1 part vinegar and 1 part water to remove food particles. Vinegar also removes leftover odors.
- Rinse all plastic and glass containers before throwing them into the recycle bin.
- Keep your sink clear of dirty dishes. Make it a habit to do the dishes on a daily basis. Dirty dishes that pile up will attract fruit flies, ants and other insects.
- Make sure the sink drains are free from leftover food.
- Purchase a trash can that has a lid and take the trash out regularly.
- Remove food from counter tops.
- For food in cabinets and the refrigerator, make sure it is sealed. On grocery shopping day, we recommend moving bagged products to tightly sealed containers, specifically for items like grains (rice, quinoa, etc) and snack foods.

Tip #2: A Dripping Faucet is a Breeding Ground for Pests

Pests are attracted to water and need it to survive. Sealing leaky faucets is a quick fix that will keep spiders, roaches and even small rodents away! Not to mention this will also save on your water bill.

Tip #3: Give the Dust Mites the Dust Off

While invisible to the human eye, there are close to 3,000 dust mites in the average gram of dust. If that isn't reason enough to keep your home tidy, general home cleaning can help keep all 'creepy crawlies' out.

1. Dust mites and other insect populations are reduced in low humidity. You can use a dehumidifier or air conditioner to maintain relative humidity at about 50% or below.
2. If you do have carpet, plan on vacuuming at least three times a week. Use a vacuum cleaner with either a double-layered microfilter bag or a HEPA filter to trap allergens that pass through a vacuum's exhaust.
3. Brush your pet outdoors to reduce the number of scales that are brought into the home. You may want to wipe your pet with a damp rag before letting back into your home.



Tip #4: Be A Flea Free Home

There is nothing worse than watching your pet itch and scratch from fleas and flea bites for hours on end. Your pets can pick up fleas any number of ways - anytime they go outside they are exposed. While it requires professional treatment to disrupt the lifecycle of fleas, there are a few tips to help reduce the flea population in your home:

- Vacuum and pick up the entire area where the pets roam indoors. Be sure to throw the vacuum bag away after vacuuming. If you are using a bagless vacuum, empty the contents in a plastic bag and then throw that away. Don't allow the fleas to hatch and breed in a vacuum you have not cleaned!
- Pick up and wash all pet bedding in hot water. If your pets are allowed on the furniture, wash the slipcovers as well.
- Use a flea comb to groom your pet to remove adult fleas, flea dirt, and dried blood from your pet's skin and fur.

Tip #5: Keeping the Bugs Outdoors, Where They Belong

While your home can never be 100 percent pest-free, you can take action to greatly reduce the chances that it will become open for unwanted visitors. Tree branches that help to shade your home, also act as a walkway to ants entering your home. Small holes from utility lines may be just enough space for an outdoor rodent to get in.

1. Walk around the exterior of your home and seal any cracks or holes. Mice only need $\frac{1}{4}$ inch to fit through and a rat needs only $\frac{1}{2}$ inch to gain entry.
2. Keep tree branches and shrubbery trimmed down.
3. Check your roof and replace any old, rotting shingles.
4. Store garbage in sealed containers and dispose of it during regular trash pickup.





Say Goodbye to the Bugs!

More than 12,000 Houston homes and businesses have relied on Cypress Creek Pest Control to stay pest free year-round.

SAVE \$25 ON HEALTHY HOUSE >

Cypress Creek Pest Control

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